

## Blueberry Millet Porridge

**Yield:** 6 servings

### Ingredients:

Millet  
Water  
Milk  
Butter  
Heavy cream  
Blueberries  
Maple syrup

### U.S. Standard

3 cups  
6 cups  
2 cups  
½ pound  
½ cup  
½ cup  
½ cup

### Method of Preparation:

1. Gather all the ingredients and equipment.
2. Add millet and water to pan and simmer about 20 minutes until desired texture is reached.
3. Add milk and reduce until proper consistency.
4. Melt in butter and add heavy cream to finish dish.
5. Sprinkle with blueberries and maple syrup to garnish.

Recipe submitted by Alyssa Katz, JWU Culinary Nutrition Student  
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