



State of Rhode Island and Providence Plantations
GUBERNATORIAL PROCLAMATION

National Nutrition Month

WHEREAS, food is the substance by which life is sustained; and

WHEREAS, the type, quality and amount of food that individuals consume each day plays a vital role in their overall health and physical fitness; and

WHEREAS, there is a need for continuing nutrition education and a wide-scale effort to enhance healthy eating practices;

NOW, THEREFORE, I, Gina M. Raimondo, Governor of the State of Rhode Island, do hereby proclaim March 2019 as: *National Nutrition Month* and encourage all citizens to be aware of their own nutrition and the nutrition of others in the hope of achieving optimum health for both today and tomorrow.



Given under my hand and the great seal of the State of Rhode Island and Providence Plantations, this 21 day of February, 2019

A handwritten signature in blue ink, appearing to read "Gina M. Raimondo".

Gina M. Raimondo
Governor

A handwritten signature in blue ink, appearing to read "Nellie M. Gorbea".

Nellie M. Gorbea
Secretary of State