Vegan & Gluten Free Pumpkin Brownies

Fudgy, Moist, & Delicious !

RECIPES ARE CURATED BY JOHNSON AND WALES STUDENT, MARÍA P. HERNÁNDEZ



Vegan, GF Pumpkin Brownies

PREP TIME: 10 MIN

COOK TIME: 20

SERVINGS: 12 Brownies

Ingredients

1 cup smooth peanut or almond butter 1 Cup pumpkin puree 4 Vegan "eggs" : Total of 4 tablespoons of ground flaxseed 3/4 cup of water. Mix and let sit for 5 minutes. 2 teaspoons vanilla extract 1/4 teaspoon salt 2 teaspoons baking soda 3/4 cup coconut sugar 4 tablespoons ground cinnamon 4 tablespoons coconut flour Dark chocolate (optional)

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Directions

1. Preheat the oven to 350 degrees

- 2. In a bowl whisk together the wet ingredients: nut butter, pumpkin puree, vegan eggs, and vanilla.
- 3. In a separate bowl whisk together the dry ingredients: sugar, cinnamon, and coconut.
- 4. Add the dry dry ingredients to the wet ingredients. Mix gently. Optional, fold in Add dark chocolate chips/ chunks.
- 5. Pour into a baking tray lined with parchment paper.
- 6. Bake for 20 minutes.
- 7. Let the brownies cool completely before cutting.
- 8. Cue, serve, and enjoy!