Homemade Tomato Sauce



Perfect for Summer!

RECIPES ARE CURATED BY JOHNSON AND WALES STUDENT, MARÍA P. HERNÁNDEZ



GF/Vegan Tomato Sauce

PREP TIME: 5 MIN

COOK TIME: 15

SERVINGS: 4

Ingredients

- 1 Can of natural peeled tomatoes or 4-5 tomatoes previously boiled
- 2 Garlic Cloves
- 2 Tablespoon Olive oil
- 1/2 white onion, chopped
- 1 Table spoon fresh
 oregano, chopped (or 1
 teaspoon dried)
- 1 Bay leaf
- Salt to taste

Optional: Fresh basil

Directions

- In a hot pan sauté add the olive oil. Cook the onions until translucent (about 3 minutes)
- 2. .Add the garlic and sauté for 2 minutes.
- 3. Add the tomatoes and mash. with a fork or utensil of choice
- 4. Add the bay leaf and oregano and let simmer on low heat for 10 minutes.
- 5. Remove the bay leaf and add fresh basil.
- 6. Holds in the fridge for up to 15 days.